

Beauty and the Beast – Outdoor enthusiasts and other visitors will be happy to learn that Newport News is a surprising urban oasis. It is home to more than 30 parks, plus an incredible variety of native wildlife – from deer and fox to raccoon and beaver. Visit us for some gifts of nature – plus other treasures – you’d never expect to find in a city!

Day One: Explore the beauty of Newport News Park and nearby attractions

- Go geo-caching for small treasures.
- Explore more than 30 miles of hiking and biking trails.
- Try a round of disc golf.
- Rent a canoe, paddleboat or a jon boat.
- Picnic among the floral displays at the **Japanese Peace Garden**, where you might be lucky enough to see a deer and her fawn!
- Visit the **Discovery Center** and learn about the **Battle of Dam No. 1**, fought within park grounds.
- Golf at **Newport News Golf Club at Deer Run**, rated 4 stars by *Golf Digest*.
- Go mountain biking in the **Harwood’s Mill** section of the park.
- Nearby, visit a beautifully restored antebellum home, **Lee Hall Mansion**, and/or **Endview Plantation**, an estate completed in 1769.
- Hungry? Head to **Hayashi Sushi & Grill** to sample their dragon rolls or feast on beastly creatures, such as octopus, big eye tuna, red snapper, squid, eel and other delicacies from the sea!
- After your meal, shop for your “beauty” or your “beast” at **Patrick Henry Mall**.

Day Two: Go Hunting for “Beasts” and Other Creatures

- Visit **The Mariners’ Museum Park**, where the **Noland Trail** offers possible sightings of woodpeckers and songbirds.
- While at the **Noland Trail**, enjoy a picnic lunch while admiring a gorgeous view of the mighty **James River** from the **Lion’s Bridge**, where you’ll find two massive stone lion sculptures.
- Just down the street, explore the nature trail at the **Virginia Living Museum** in search of pelicans, egrets, herons, turkeys, red wolves, bald eagles and frolicking otters.
- Have lunch at the **Wilde Side Café** inside the museum, and enjoy a mouth-watering 100% Angus burger or a bowl of homemade beef chili.
- Take a scenic drive along the Colonial Parkway to **Busch Gardens Williamsburg**, where you can tackle monster thrill rides like the Loch Ness Monster, the Griffon or the Battering Ram.
- Cap off your day with a visit to Hampton’s **St. George Brewing Company**, named for a third-century Roman soldier who slew a fire-breathing dragon.

Day Three: Stop and Smell the Roses

- Start your day with breakfast at the café found inside **Anderson's Home & Garden Showplace**, which is so much more than a garden center! Here, you can shop for beautiful plants while sipping on a "Green Monster" from their juice bar. Oh, and watch out for "The Whipper," an omelet that might just make you go bananas!
- Take the **Art & Sculpture Driving Tour**, which showcases more than two dozen of the city's magnificent outdoor art.
- Have lunch at **Schlesinger's Steakhouse** and sink your teeth into the Arthur Schlesinger Burger, made with the finest Certified Angus beef.
- Create a beautiful masterpiece of your very own at the **Starving Artist Studio** in Port Warwick.
- Surround yourself in beauty at **Huntington Park's Rose Garden** (and don't forget your camera!)
- Capture an awe-inspiring sunset at **Huntington Park Beach**.
- Enjoy the Brazilian tradition of grilling at **Tucanos**, where sizzling food is sliced right onto your plate!

Visit www.newport-news.org for more sample itineraries or call the Newport News Visitor Center at 888-493-7386 or 757-886-7777 for suggestions.