Beauty and the Beast – Outdoor enthusiasts and other visitors will be happy to learn that Newport News is a surprising urban oasis. It is home to more than 30 parks, plus an incredible variety of native wildlife – from deer and fox to raccoon and beaver. Visit us for some gifts of nature – plus other treasures – you’d never expect to find in a city!

Day One: Explore the beauty of Newport News Park and nearby attractions

- Go geo-caching for small treasures.
- Explore more than 30 miles of hiking and biking trails.
- Try a round of disc golf.
- Rent a canoe, paddleboat or a jon boat.
- Picnic among the floral displays at the Japanese Peace Garden, where you might be lucky enough to see a deer and her fawn!
- Visit the Discovery Center and learn about the Battle of Dam No. 1, fought within park grounds.
- Golf at Newport News Golf Club at Deer Run, rated 4 stars by Golf Digest.
- Go mountain biking in the Harwood’s Mill section of the park.
- Nearby, visit a beautifully restored antebellum home, Lee Hall Mansion, and/or Endview Plantation, an estate completed in 1769.
- Hungry? Head to Hayashi Sushi & Grill to sample their dragon rolls or feast on beastly creatures, such as octopus, big eye tuna, red snapper, squid, eel and other delicacies from the sea!
- After your meal, shop for your “beauty” or your “beast” at Patrick Henry Mall.

Day Two: Go Hunting for “Beasts” and Other Creatures

- Visit The Mariners’ Museum Park, where the Noland Trail offers possible sightings of woodpeckers and songbirds.
- While at the Noland Trail, enjoy a picnic lunch while admiring a gorgeous view of the mighty James River from the Lion’s Bridge, where you’ll find two massive stone lion sculptures.
- Just down the street, explore the nature trail at the Virginia Living Museum in search of pelicans, egrets, herons, turkeys, red wolves, bald eagles and frolicking otters.
- Have lunch at the Wilde Side Café inside the museum, and enjoy a mouth-watering 100% Angus burger or a bowl of homemade beef chili.
- Take a scenic drive along the Colonial Parkway to Busch Gardens Williamsburg, where you can tackle monster thrill rides like the Loch Ness Monster, the Griffon or the Battering Ram.
- Cap off your day with a visit to Hampton’s St. George Brewing Company, named for a third-century Roman soldier who slew a fire-breathing dragon.

Day Three: Stop and Smell the Roses
• Start your day with breakfast at the café found inside **Anderson’s Home & Garden Showplace**, which is so much more than a garden center! Here, you can shop for beautiful plants while sipping on a “Green Monster” from their juice bar. Oh, and watch out for “The Whipper,” an omelet that might just make you go bananas!

• Take the **Art & Sculpture Driving Tour**, which showcases more than two dozen of the city’s magnificent outdoor art.

• Have lunch at **Schlesinger’s Steakhouse** and sink your teeth into the Arthur Schlesinger Burger, made with the finest Certified Angus beef.

• Create a beautiful masterpiece of your very own at the **Starving Artist Studio** in Port Warwick.

• Surround yourself in beauty at **Huntington Park’s Rose Garden** (and don’t forget your camera!)

• Capture an awe-inspiring sunset at **Huntington Park Beach**.

• Enjoy the Brazilian tradition of grilling at **Tucanos**, where sizzling food is sliced right onto your plate!

Visit [www.newport-news.org](http://www.newport-news.org) for more sample itineraries or call the Newport News Visitor Center at 888-493-7386 or 757-886-7777 for suggestions.